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P.181 Submental intubation under fibroscope – A new technique

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Introduction: The technique is similar in anaesthetic preparation to that of nasotracheal intubation under fibroscope, with the difference that in the submental way the fibroscope, with the ring tracheal tube goes through the tunnel designed in the submental area under local anaesthesia.

Material and Method: We use conventional broncoscopy fibroscopes and ring tubes (Rüschelit[®] Tracheal Tube), which now can be of adequate calibre as those used for conventional orotracheal intubation, with resulting advantage, mainly for post-operative period and the units of reanimation and intensive care.

First, disinfections, asepsis and drawing of submental incision line take place. Followed, through a percutaneous way, by local anaesthesia of the area, from skin to subcutaneous tissue in infra and supra milohyoid space towards the floor of the mouth.

The skin is incised and subperiostic tunnel designed. With the help of a rhinoscope to support it with the aim of allowing the ring tracheal tube inserted in the fibroscope to pass together through it, from the skin to the floor of the mouth, and reach, first with the fibroscope, the supraglotic space, introducing it in the laryngotracheal space, until glancing carrine, all with adequate anaesthetic induction and relaxation, to slip ring tracheal tube to its laringotracheal location.

Discussion: With this procedure we avoid transposition of the orotracheal tube to the submental space, this is, from a septic cavity to a sterile surface, besides the advantage of not having to release the endotracheal tube connection.